Dr Shailinder Jit Singh

FRCS (Paed), FRCS, FRCS(I), FACS, FAAP, DM, MBA

Consultant Paediatric Surgeon, Nottingham University Hospitals NHS Trust Council Member, Royal College of Surgeons of England

Contact

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Professional Summary

Internationally trained Consultant Paediatric Surgeon with more than 30 years of senior clinical, academic and leadership experience across the United Kingdom, United States, Australia, India and Kuwait. Current practice is based at Nottingham University Hospitals NHS Trust, with a particular focus on paediatric gastrointestinal and colorectal surgery, neonatal surgery, functional bowel disorders and paediatric trauma. Founder and head of the Bastow Clinical Investigative Unit in paediatric gastrointestinal physiology, with a track record of pioneering work in gastric emptying studies, pelvic ultrasound and anorectal manometry in children. Experienced clinical leader, programme director and educator, with national roles in children's surgery and medical governance.

Current Posts

- Consultant (Attending) Paediatric Surgeon, Nottingham University Hospitals NHS Trust (2001–present, including periods of overseas appointment).
- BAPS Representative and Council Member, Royal College of Surgeons of England (2022-present).
- ColChair, Medical Staff Committee, Queen's Medical Centre campus, NUH (2019-present; previously 2015-2017).
- Chair, Children's Surgery Group (CSG), reporting to the President of the Royal College of Surgeons of England (2022–present).
- Member, Clinical Reference Group (CRG) for Children's Surgery, NHS England (2023-present).
- Clinical Adviser, Parliamentary and Health Service Ombudsman, United Kingdom (2015-present).

Academic and Professional Qualifications

- MBA, Warwick University, UK (2009).
- DM (Doctor of Medicine), University of Nottingham, UK thesis on management pathways for chronic idiopathic constipation in children (2008).
- FRCS (Paediatric Surgery), Intercollegiate Board of Paediatric Surgery First position in examination (1998).
- FRCS (I), Royal College of Surgeons of Ireland (1997).
- MCh (Paediatric Surgery), PGIMER, Chandigarh, India (1993).
- DNB (Surgery), National Board of Examinations, New Delhi, India (1990).
- MS (Surgery), PGIMER, Chandigarh, India (1990).
- MBBS, Government Medical College, Amritsar Best Graduate of the Year (1985).
- ECFMG certified (all four steps of USMLE passed), 1996.

Selected Career History

- Associate Professor and Chief of Paediatric Surgery, West Virginia University Hospitals, Morgantown, USA (2018–2019).
- Associate Professor of Paediatric Surgery, West Virginia University Hospitals, Morgantown, USA (2017–2018).
- Attending Paediatric Urologist and Paediatric Surgeon, Children's National Medical Center, Washington DC, USA (2009–2010).
- Consultant Paediatric Surgeon, Nottingham University Hospitals NHS Trust, UK (2001–2017; 2019–present).
- Clinical Fellow and Chief Resident in Paediatric Surgery and Paediatric Urology, The Children's Hospital at Westmead, Sydney, Australia (1999–2001).
- Assistant Professor of Paediatric Surgery and Paediatric Urology, PGIMER, Chandigarh, India (1993–1994).

Leadership and Management

Extensive experience as Service Lead for Children's Surgery and Critical Care; Lead Clinician for Paediatric Surgery; Programme Director for Paediatric Surgery; and Head of the Bastow Clinical Investigative Unit at Nottingham. Led development of children's trauma services following NUH's designation as a Major Trauma Centre, service reconfiguration across campuses, recruitment to paediatric intensive care, and implementation of clinical pathways for constipation and functional bowel disorders.

Clinical and Research Interests

- Paediatric gastrointestinal physiology gastric emptying studies, pelvic ultrasound and anorectal manometry.
- Chronic idiopathic constipation, faecal incontinence and functional bowel disorders.
- Neonatal surgery, including gastroschisis, oesophageal atresia, intestinal atresia and congenital diaphragmatic hernia.
- Paediatric colorectal surgery, including Hirschsprung's disease and anorectal malformations.
- Paediatric trauma and emergency surgery.
- Surgical education, assessment and examination preparation.
- Clinical governance, patient safety and informed consent.

Selected Awards and Distinctions

- Best Graduate of Medical College, Amritsar (1985), with multiple university first positions and Pfizer Gold Medal.
- First place in the Intercollegiate Board Examination in Paediatric Surgery.
- Undergraduate Teaching Award, University of Nottingham (2012).
- Outstanding Attending Surgeon Award for resident education, West Virginia University Hospitals (2018).

Selected Publications (Harvard style)

- Nasher O, Hill RE, Peeraully R, Wright A, Singh SJ (2014) Peristeen transanal irrigation system for paediatric faecal incontinence: a single-centre experience. International Journal of Pediatrics, 2014:954315.
- Peeraully R, Lopes J, Wright A, Davies B, Stewart R, Singh S, More B (2014) Experience of the MACE procedure at a regional paediatric surgical unit: a 15-year retrospective review. European Journal of Pediatric Surgery.
- Singh SJ, Gibbons N, Blackshaw PE, Vincent M, Walker J, Perkins AC (2006) Gastric emptying of solids in children: a preliminary report. Journal of Pediatric Surgery, 42(2):413–417.
- Eradi B, Wright J, Gibbons NJ, Blackshaw E, Perkins AC, Wakefield J, Sithole J, Singh SJ (2006) Validity of 13C octanoic acid breath test for measurement of solid meal gastric emptying time in children. Journal of Pediatric Surgery, 41:2062–2065.
- Singh SJ, Gibbons NJ, Vincent MV, Sithole J, Nwokoma NJ, Alagarswami KV (2005) Use of pelvic ultrasound in the diagnosis of megarectum in children with constipation. Journal of Pediatric Surgery, 40(12):1941–1944.
- Singh SJ, Arbuckle S, Little D, Manglick MP, Cass D (2004) Mortality due to constipation. Pediatric Surgery International, 20:889–891.
- Singh SJ, Croaker GD et al. (2003) Hirschsprung's disease: the Australian Paediatric Surveillance Unit's experience. Pediatric Surgery International, 19(4):247–250.
- Singh SJ, Fraser A et al. (2003) Gastroschisis: determinants of neonatal outcome. Pediatric Surgery International, 19(4):260–265.